

## [NVR-UK – Acting together](#)

Until 2011 NVR was known and practised by only few practitioners in the UK. Elisabeth Heismann and Elizabeth Day (at that time working for Oxleas NHS Foundation Trust) trained practitioners interested in using NVR in a multifamily group model. Peter Jacob (Partnership Projects) focused on the application of the NVR approach to working with individual family units. Partnership Projects and Oxleas provided training and teaching in NVR and the number of NVR practitioners has gradually grown throughout the UK. In 2011, Partnership Projects and Oxleas NHS Trust organised the first International NVR Conference in Greenwich. This created a momentum for UK practitioners and enthusiasts of NVR to come together and create a national NVR association to represent, promote and disseminate the NVR approach in the UK. NVR UK is made up of NVR practitioners as well as parents and carers who have had training in NVR.

The aim of NVR UK is simple: to support one another in the promotion and the dissemination of the NVR attitude in ourselves, in families, schools, communities, organisations and in the political sphere. NVR UK spreads the word about the NVR approach mainly via national conferences, with the first two conferences in London in 2014 and 2017. The third one will take place in Southampton on 28 June 2019. The theme of the third NVR UK Conference is: ‘NVR – what’s the way forward?’ focusing on NVR work done in schools and in other non-clinical settings.

Apart from organising these national conferences and contributing to the international NVR conferences, active founding members of NVR UK have focussed on developing a sound membership structure, a stronger media presence, mandatory accreditation standards for NVR training and procedures for good ethical NVR practice. Several members of NVR UK have contributed to the forthcoming NVR handbook ‘Non-Violent Resistance Innovations in Practice’, edited by Elisabeth Heismann, Julia Jude and Elizabeth Day. The book has a foreword by Arist Von Schlippe and representatives of the international NVR community have contributed articles: Haim Omer and Naama Gershly, Uri Weinblatt, Idan Amiel and Tal Maimon from Israel and Frank Van Holen and Johan Vanderfaeille from Belgium.

One of the strengths of NVR UK is the inclusion of graduate parents who have not only experienced NVR personally but bring their expert experience to the organisation which is invaluable.

More information about activities of the association can be found in the [NVR UK website](#).