

IKJF – NVR activities

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The IKJF is using NVR in the work with severe problematic children and adolescents and their families within the framework of the Youth Council in Graz, Jakomini, St. Peter and Liebenau. It is standard in our therapeutic work throughout Styria. We combine it successfully with Positive Psychology and have developed a „Strong and Positive in Schools, Kindergartens, Families and Institutions Program. This program is based on two attitudes, the attitude of resonance, Strengths and Positivity and the one and the Attitude of Non Violent Resistance and uses 10 tools:

- Relation, Resonance and Structure
- Presence and Vigilant Care
- Support
- Strengthen Strengths Strengthens
- Deescalation
- Non Violent Resistance
- Find Meaning
- One door opens (Resilience)
- Dynamic Mindset
- Reparation

First results show this as very effective to create the most important: engaged parents, teachers etc..

We are teaching this in our team, our parents school and a variety of schools in Vienna, Graz, Stuttgart, Bregenz, Admont etc.