

Beyond Behaviour

Non Violent Resistance:

interventions that change relationships - overcoming aggression, dependence, anxiety and self-destructive behaviour in children, young people and families.

7th & 8th April 2011, Queen Anne Court, Greenwich Campus
University of Greenwich, London UK

Leading international speakers address some of the most serious problems challenging professionals working with children, young people and families.

Invited speakers :

Prof Haim Omer, Israel

Dr Uri Weinblatt, USA

Dr Barbara Ollefs, Germany

Dr Peter Jakob, UK

Jim Wilson, a UK leader in the field of family therapy, will moderate the plenary panel

Fee for 2-day conference: £285 + VAT

See booking form for more information and to register:

www.partnershipprojectsuk.com/conference

www.oxleas.nhs.uk/NVR



PartnershipProjects

Oxleas **NHS**
NHS Foundation Trust

Beyond Behaviour

7th/8th April 2011

University of Greenwich, London

For clinicians, social workers, health- and social care managers, professionals in education, and everyone whose work concerns the adjustment and wellbeing of young people.

'Beyond Behaviour' will familiarise delegates who are new to NVR with its philosophy, practice and different applications to some of the most serious and challenging problems facing professionals who work with children, young people young adults and families.

Focusing on the family, school and care environments, professionals who already use NVR will be introduced to the most recent developments within this exciting new systemic approach. International speakers will highlight the concepts of *New Authority*, the *Anchoring Function of Attachment* and *Reconciliation Work* to address a young person's unmet needs, and will present an emerging, promising evidence base.

NVR has been developed over the past 15 years by Haim Omer and his associates at the University of Tel Aviv. Drawing from family therapy and the principles of *de-escalation*, *raising adult presence* and *reconciliation*, this psychological intervention has proven to be especially useful when young people are uncooperative and refuse to talk to professionals. By utilising support around the family or care environment, and helping adults develop action to overcome their helplessness, anger and sometimes rejection of the aggressive or self-destructive child, NVR transforms the key relationships in a young person's life.

Systemic practitioners as well as proponents of attachment theory appreciate this refreshing new approach to aggression in families.

Introducing interventions ranging from working with the family, behaviour support in school and community cooperation, to looked after children in residential and foster care, 'Beyond Behaviour' will bring the approach to a wider UK professional audience.

main speakers

Haim Omer is professor of psychology at the University of Tel Aviv. Haim and his team have developed NVR into a coherent therapeutic approach. His pioneering work involves new concepts of authority and attachment. A renowned international speaker, Haim's books include 'Nonviolent Resistance - a new approach to violent and self-destructive children' and together with Nahi Alon 'The Psychology of Demonization'.

Uri Weinblatt developed the model of telephone support in the original Tel Aviv project and undertook the first outcome study on NVR. Now at the Couple and Family Department of Thomas Jefferson University and the Council for Relationships in Philadelphia, Uri holds a special interest in emotional self-regulation and nonviolence in couples therapy, and has recently developed different forms of the NVR 'sit-in'.

Barbara Ollefs is a clinical psychologist and family therapist at Osnabrueck Children's Hospital. She teaches at Osnabrueck University as well as the Weinheim Institute of Family Therapy, Germany. Barbara has undertaken years of research on NVR, including a large scale outcome study, and has adapted the approach to working with chronic paediatric illness.

Peter Jakob is a consultant clinical psychologist and lead for complex cases in the NHS, and director of Partnership Projects. Having introduced NVR to the UK, Peter works primarily with heavily traumatised families and with looked-after children. In recent years, he has developed a child focus in NVR, by using reconciliation work for addressing unmet child needs.

Plenary moderation - Jim Wilson

We are especially pleased that Jim Wilson, one of the UK's leading family therapists and author of 'Child-Focused Practice', has agreed moderate the closing plenary panel, which will include the main speakers, parent representatives and the Oxleas NVR team leads.

Programme*

Thursday, 7th April 2011

09.15 Registration, tea and coffee

09.45 Opening remarks by Stephen Firn, Chief Executive Oxleas NHS Foundation Trust

10.00 Keynote Address

Haim Omer: NVR and The New Authority - the both/and of overcoming aggression and maintaining a close and caring relationship.

11.00 **Haim Omer: questions and discussion**

11:30 Tea and coffee

12:15 Plenary Presentation

Peter Jakob: A child focus in working with violent young people: addressing the child's unmet needs

13:00 Lunch

14:00 4 parallel workshops by main presenters

Barbara Ollefs: When chronic disease dominates family life - de-escalation and social support in working with paediatric illness such as diabetes and asthma in difficult to treat young people

Haim Omer: The 'anchoring function' of attachment – feeling safe as the child of 'strong' parents.

Peter Jakob: Recognising and addressing unmet need in aggressive and self-destructive young people: a narrative approach to reconciliation

Uri Weinblatt: Different 'sit-ins' for different purposes: variations on a powerful therapeutic tool.

15:30 Tea and coffee

16:00 **Liz Day, Elisabeth Heismann and Oxleas NHS Team: Developing mutual support among parents - the multi-family group parent training programme at Oxleas Child- and Adolescent Mental Health Services.**

17:00 End of presentations for the day

18:00 Evening Reception with drinks and cold buffet.

19:30 Informal gathering and networking

Friday, 8th April 2011

09.30 Plenary symposium with **Uri Weinblatt, Barbara Ollefs and Ifat Lavi-Levavi**
The emerging evidence base in NVR: behavioural improvement in children, improvement on parent variables, changes in family interaction.

11.00 Tea and coffee

11.30 Short workshops in three parallel streams - see box below**

13.00 Lunch

13:45 4 parallel workshops by main presenters

Barbara Ollefs: Announcement, de-escalation and utilisation of social support – cornerstones of raising parental presence.

Haim Omer: Working with the parents of anxious, self-isolating and highly dependent adolescents and young adults.

Peter Jakob: NVR Plus – 'complex cases': multi modal work in the family, school and with Social Services in overcoming aggression in multi-stressed families and looked after children.

Uri Weinblatt: NVR as emotional regulation therapy for child and parent.

15.00 Tea and coffee

15.30 Plenary Discussion- Feedback and questions to the main speakers.
Participating moderator: Jim Wilson

16.15 Plenary Panel – main speakers, the Oxleas NVR team and parent representatives discuss the delegates' feedback. **Participating moderator: Jim Wilson**

* Delegates who wish to attend the evening reception on 7th April can book tickets for this event along with their registration.

* Refreshments (but not lunch) are included in the conference fees.

* The organisers cannot accept liability in the event that individual speakers fail to attend the conference.

* For short workshops on Friday at 11:30, delegates book an entire stream, as it will not be possible to change rooms.

Friday, 8th April, 11.30 - 13.00 Short workshops in four parallel streams

Stream A	Stream B	Stream C	Stream D
11.30 Parents of the Oxleas multi-family parent training programme: Professionals ask parents: Q&A session	11.30 Gail Rowen ReRun Dorset: Groupwork with parents of young people who abscond - the Dorset runaway project.	11.30 Mary Newman East Kent Hospitals NHS Trust: Love, war and control? Changing parental and professional discourses around aggressive behaviour in young people.	11.30 Liz Day Oxleas NHS Foundation Trust: Life-threatening situations - working with multi-disciplinary systems to create positive outcomes.
12.00 Iris Shachar University of Tel Aviv: Parental vigilant care in overcoming computer and internet dependency in young people	12.00 Naama Gershy Long Island University, Brooklyn Campus N.Y: “Can we have the session without father?” A qualitative study of fathers’ resistance and a data-informed model of fathers’ recruitment.	12.00 Marin Lemme Bramsche, Germany: Behaviour Support in school using NVR principles. Practical examples of adapting the approach to educational environments.	12.00 Ifat Lavi-Levavi Tel Aviv: The ‘New Authority’ in management and organisational consultancy